

Conferencias y Simposios

SEIS VOCES EN 10 MINUTOS

C) Problemáticas del control glucémico en niños y adolescentes

Coordinadora: Carmen Mazza

Cuando falla la tecnología

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Según el Exchange el uso de la tecnología ha aumentado, el porcentaje de pacientes que logra la HbA1c objetivo en menores de 18 años es del 17% y hay un aumento a lo largo del tiempo de la HbA1c principalmente en adolescentes y jóvenes. ¿Cuándo se produce la falla en tecnología? Existen barreras psicosociales, socioeconómicas, del paciente y la familia y del médico. ¿Qué hacemos? Trabajar en equipo interdisciplinario incorporando al paciente y la familia, donde los tres pilares más importantes son la educación estructurada, la motivación y la adherencia, siempre considerando que el objetivo del control glucémico debe ser individualizado y con el modelo de aceptación de tecnología.

Palabras clave: tecnología; pacientes.

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SIX VOICES IN 10 MINUTES

C) Problems with glycemic control in children and adolescents

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When technology fails

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According to Exchange Registry, the use of technology has increased; the percentage of patients that manage to have the target level of HbA1c is of the 17% in patients under 18 years old, and there is an increase through time of the HbA1c, mainly in adolescents and young people. When does the technological failure take place? There are psychosocial and socioeconomic barriers, both to the patient and their family and to the healthcare professionals. What should be done? Work as an interdisciplinary team, incorporating the patient and their family. Have the three main pillars be structured education, motivation and adherence. It must always be taken into account that the objective of the glycemic control must be individualized and using the technology acceptance model.

Key words: technology; patients.

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